

## HOMELESS HEALTH CONFERENCE 2024



Introduction to Stonewall Housing
Why do we need specific LGBTQ+ services?
Case Study: Brighton and Hove LGBTQ+ Night
Shelter
Reflect on your journey towards inclusion

PLAN

# Every LGBTQ+ person can access safe housing



Providing LGBTQ+ people of all ages who are homeless or at risk of homelessness with support, advice and advocacy.

WE WILL NOT STOP UNTIL EVERY LGBTQ+ PERSON HAS SOMEWHERE SAFE TO CALL HOME





### LGBTQ+ PEOPLE WHO ARE HOMELESS OR AT RISK OF HOMELESSNESS

Supported Accommodation

Advice Helpline and Webchat

Under 25 Advocacy Services Over 25 Advocacy Services

Over 50 Advocacy Services

Domestic Abuse Resettlement Service Domestic Abuse Advocacy Services

Drugs and Alcohol Advocacy Services Mental Health Advocacy Services

#### How many of your service users are LGBTQ+?



## 61,000 - 122,000

LGBTQ+ People are homeless or at risk of homelessness

# "Not everyone begins the marathon of life on the same footing"

#### LGBTQ+ LIFE IN THE UNITED KINGDOM

- Over representation in homelessness stats
- LGBTQ+ people do not feel safe in their communities
- One in five LGBTQ+ people have experienced a hate crime
- 68% of LGBTQ+ people avoid holding their partner's hand in public
- 1 in 8 have been attacked by a colleague or customer at work
- Over representation in unemployment figures
- 51% avoid certain bars or restaurants for fear of discrimination
- 3 times more likely to live alone
- 10% of people in the UK believe LGBTQ+ people are dangerous

### WHY ARE MORE LGBTQ+ PEOPLE HOMELESS?

- Parental Rejection
- Domestic Abuse and Violence
- Marriage Breakdown
- LGBTQ+ Bullying
- Impact of faith, religion and culture

### 51% of Stonewall Housing services users are People of Colour

Have you ever been treated differently because of your surname?

Have you ever felt intimidated to disclose something about yourself to others?

Have you ever been worried about talking about your religious beliefs?

Have you ever been overlooked because of your gender?

Have you ever been judged because of your accent?

Have you ever been ignored because of the colour of your skin?

Have you ever been attacked because of who you are?

#### HOUSING



60%

of young people were experiencing an unsafe living situation

43%

of trans/non-binary people were experiencing an unsafe living situation

22%

of all respondents were experiencing an unsafe living situation



"I was forced back to my parents' house ... which greatly worsened my depression, anxiety and PTSD.... put into emergency accommodation after deeming my parents' place an unsafe living situation. Being homeless and living in a damp dark basement with black mould for 4 months did bad things for my mental health, and it is only now I have found a private rented, safe place to live that I am starting to be able to recover. However, my PTSD has increased significantly."

#### Communities Called For...



- Increased access to timely LGBTQ+ affirming mental health support.
- Provision of safe housing for LGBTQ people in unsafe or insecure living situations, such as homophobic or transphobic environments or domestic abuse.
- Access to gender affirming care for trans and non-binary people.
- Provision of LGBTQ affirmative support around specific issues such as grief and loss, relationships, ageing, and disability, from Switchboard and other community organisations
- Support for LGBTQ venues in recognition of their importance as a protective factor in peoples health and wellbeing - reducing social isolation and fostering informal community support.













#### **LGBTQ+ Housing Manifesto**



- LGBTQ+ specific accomodation for all life stages.
- LGBTQ+ specific housing information and support.
- Awareness training for commissioners and a quality standard for inclusive providers.
- Embedding intersectional needs in future planning.
- High quality data.
- Monitoring around sexual orientation and trans status.





#### **Next Stop...**



 Successful bid to Rainbow Fund for Emergency Night Shelter 10 week Pilot.

- Consulting with experts by experience, local LGBTQ+ and housing/homeless organisations.
- Formal Partnerships with Stonewall Housing and The Outside Project.
   Informal Partnership working with TransPride and MindOut.
   Evaluation by Justlife and The Bright Ideas Partnership





#### **Brighton and Hove**

**Clinical Commissioning Group** 















#### **University of Brighton**

Centre for Transforming Sexuality and Gender

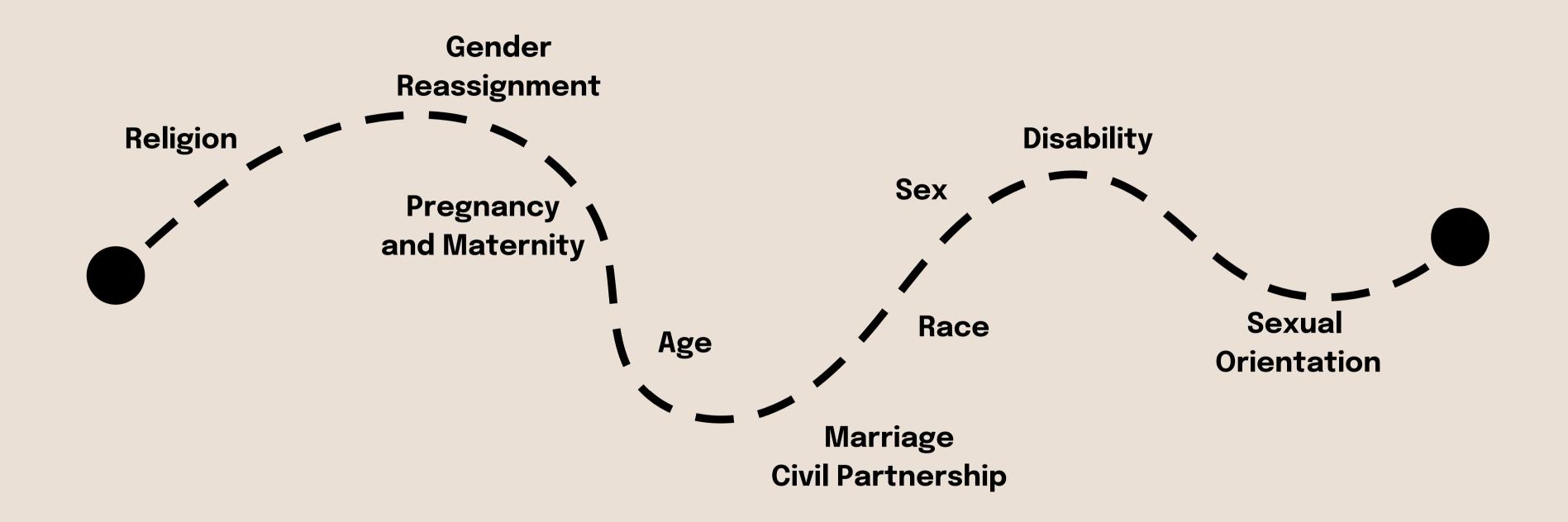


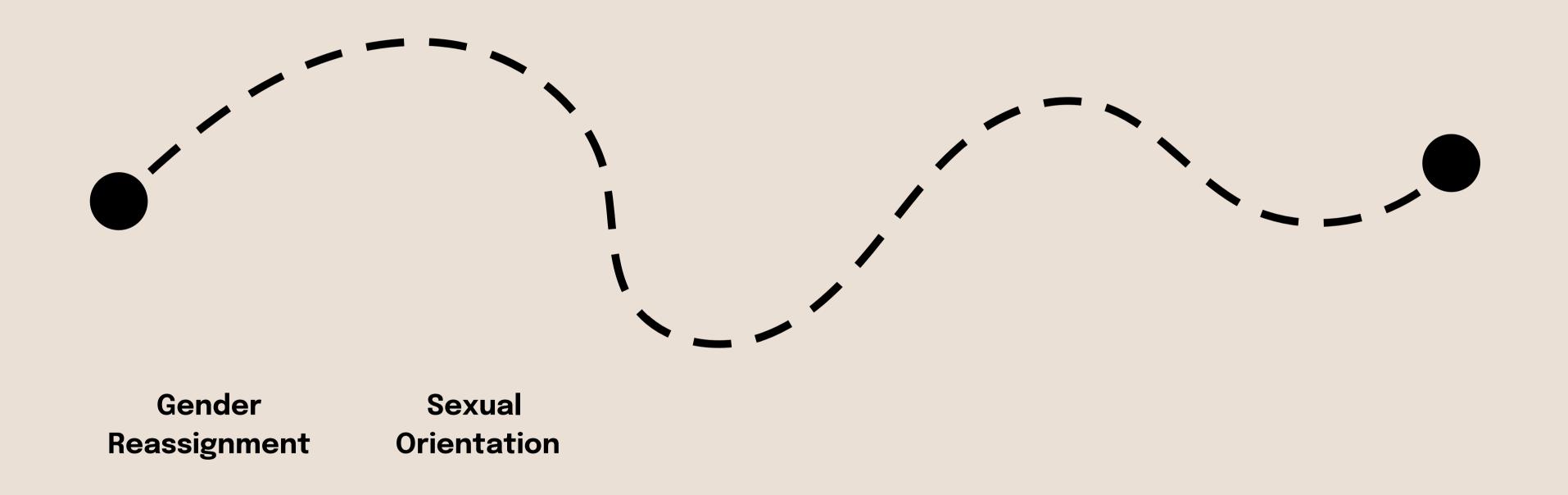






# EVERYONE ACCESSING SERVICES MUST FEEL SAFE TO BE THEMSELVES





#### What words immediately come to mind?





- Learn about LGBTQ+ history
- Be visibly LGBTQ+ inclusive
- Recognise micro-aggressions
- Practice micro-resistance
- Get comfortable using pronouns and asking questions
- Practice saying LGBTQ+
- Ask people how they would like to be included
- Collect LGBTQ+ data and use it to improve services
- Provide training





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He / Him