

What to Consider When Setting Up Co-Production Groups

Brighton and Hove Common Ambition Team



Frontline
Network
Partner



Agenda for today's session

- Introductions and check-in
- Creating a safe environment
- Group Agreement/Working With Agreement
- Other considerations
- Key principles for coming together as a co-production group



BRIGHTON & HOVE
COMMON
AMBITION



Who is Common Ambition?

The Brighton and Hove Common Ambition project brings together people with lived experience of homelessness, frontline providers and commissioners through co-production within homeless health services, in order to improve health services and outcomes for people experiencing homelessness in Brighton & Hove.

The project partners are:



What is co-production?

Co-production is a way of working that involves people who use health and care services, carers and communities in equal partnership; and which engages groups of people at the earliest stages of service design, development and evaluation. Co-production acknowledges that people with 'lived experience' of a particular condition are often best placed to advise on what support and services will make a positive difference to their lives. Done well, co-production helps to ground discussions in reality, and to maintain a person-centred perspective.

Co-production is part of a range of approaches that includes citizen involvement, participation, engagement and consultation. It is a cornerstone of self-care, of person-centred care and of health-coaching approaches.

Values and behaviours

For co-production to become part of the way we work, we will create a culture where the following values and behaviours are the norm:



Check-In

We start every group with a check in. So let's do the same today, please go around your group, introduce yourself and let your group know how you're feeling today.

This helps to understand who is in the room, how everyone is feeling, an opportunity to share news and updates, address any concerns and make sure everyone is ok to be a part of the group today and if any extra support might be needed.

Creating a safe space

- Always check-in and check-out
- Make sure the space is private and accessible
- Co-create a group agreement
- Ensure to co-create the group's purpose
- Have regular breaks
- Make sure there is a space to step outside if needed
- Send invites/reminders for every session, so participants are prepared for the session
- Handouts are really helpful
- Make sure you meet one-to-one before members join the group

Group Agreement

In small groups let's co-create group agreements

Using post its on the flip chart provided.

Each person gives one or two behaviours that are important to them to build this up.

Make sure everyone agrees on the final agreement.



Other things to consider

- **Recruitment**

We found that there was no one way that worked best here, we recruited via flyers in services, referrals from other services and word of mouth. We carried out a big engagement drive to spread the word about the project.

- **Remuneration**

Are you able to pay or provide vouchers for people's time? If not, what can you do to ensure reciprocity?

- **Training and building knowledge**

What training opportunities are there for the whole group?

- **Group socials**

We have found doing things outside of the working room, such as meals out or meet ups on the beach have brought us closer as a team

Group Work

Co-create as a group your top 5 key principles for setting up a lived experience co-production group

Please write up on the flip chart paper provided

Some things to consider:

- Where will you meet?
- Who's in the room?
- How to make it safe?
- Equality
- Diversity
- Empowerment
- Being heard
- Reciprocity
- Accessibility

Thank you
Let's check-out



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